It's easy to check your coverage with My Health Toolkit®!

Haven't received an insurance card yet? No problem. Everything you need to know about your Blue Cross and Blue Shield of Louisiana health coverage can be found in My Health Toolkit. Your online, interactive health care home has tools to help you:

• View and share your digital ID card

• Verify eligibility and benefits

• View your claims history

• Estimate treatment costs ahead of time

• Manage your prescriptions

• Manage your medical spending accounts

• Discover new wellness tools

• Research specific health issues

To get started, follow these steps.

1. **Registration**
   Visit **www.MyHealthToolkitLA.com** and select **Register Now**.

2. **Member Information**
   At the top, select **"Haven't received your insurance card?"** Then enter the policyholder's Social Security Number and your date of birth.

3. **Insurance Card Number**
   Your health insurance card number is available on the left side of the home page.

4. **Eligibility and Benefits**
   Select **View Benefit Detail** to verify your current health plan coverage.

Louisiana

5. Printer-Friendly

Click the **Printer-Friendly** button to print this page. This gives your medical provider the information they need to verify your health benefits.

6. Effective Date

Under **Member Information**, the **Effective Date** will confirm the day your health insurance went into effect.
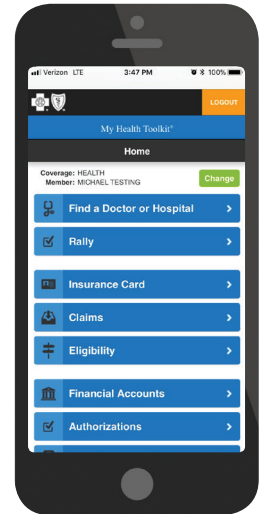

For more help, select the **Ask Customer Services** button at the bottom of the page to contact our support team.

My Health Toolkit Mobile Website

My Health Toolkit's mobile website offers on-the-go members quick and easy access to our most popular features. To access the mobile site, visit **www.MyHealthToolkitLA.com** from your smartphone.

You can also use the mobile site to register for My Health Toolkit. Just select **Register Now** on the main page.

* Numbers and codes listed here are examples only. Please refer to your member ID card for your group-specific information.