

It's easy to check your coverage with My Health Toolkit®!

Haven't received an insurance card yet? No problem. Everything you need to know about your Blue Cross and Blue Shield of Louisiana health coverage can be found in My Health Toolkit. Your online, interactive health care home has tools to help you:

- View and share your digital ID card
- Verify eligibility and benefits
- View your claims history
- Estimate treatment costs ahead of time
- Manage your prescriptions
- Manage your medical spending accounts
- Discover new wellness tools
- Research specific health issues

To get started, follow these steps.

1. Registration

Visit www.MyHealthToolkitLA.com and select **Register Now**.

The screenshot shows the My Health Toolkit homepage. On the right side, there is a 'Member Login' section with fields for 'Username' and 'Password'. Below these fields are buttons for 'Login' and 'Register Now'. A red circle with the number 1 is placed over the 'Register Now' button. Other sections include 'Cooking Tips and Recipes' and 'Find a Doctor'.

2. Member Information

At the top, select **"Haven't received your insurance card?"** Then enter the policyholder's Social Security Number and your date of birth.

The screenshot shows the 'Create Your Profile' registration form. At the top, there is a link that says 'Haven't received your insurance card?' with a red circle and the number 2 next to it. Below this link are input fields for 'Insurance Card Number' and 'Your Date of Birth'. There are also 'Continue' and 'Cancel' buttons at the bottom. On the right side, there is a 'Why Register?' section with text explaining the benefits of registration.

3. Insurance Card Number

Your health insurance card number is available on the left side of the home page.

4. Eligibility and Benefits

Select **View Benefit Detail** to verify your current health plan coverage.

The screenshot shows the My Health Toolkit home page for a user named Michael T. Testing. On the left side, there is a 'Family List' section with a table of family members. Below this is an 'Insurance Card' section with a red circle and the number 3 next to it. On the right side, there is a 'Benefits and Claims' section with a table of deductibles and out-of-pocket amounts. A red circle with the number 4 is placed over the 'View Benefits Detail' link. There is also a 'Quick Links' section at the bottom left.



MyHealthToolkitLA.com

5. Printer-Friendly

Click the **Printer-Friendly** button to print this page. This gives your medical provider the information they need to verify your health benefits.

6. Effective Date

Under **Member Information**, the **Effective Date** will confirm the day your health insurance went into effect.

Insurance Card
Health Insurance Card Number:
ZCZ065922516805
Dental Insurance Card Number:
ZCZ065922516805

Eligibility and Benefits 5 Printer-Friendly

Health Coverage
Member/Date of Service
Select a different member to view information for that member. You may also change the date of service.
Member's Name: MICHAEL TESTING 10/01/1958 Date of Service: 01/11/2016 Search

Member Information

Date of Birth:	10/01/1958	Member ID:	ZCZ065922516805
Group Number:	036011101	Group Name:	COMPANY ABC
Relationship to Plan Holder:	SELF	Coverage Level:	FAMILY
Benefits Period:	04/01/2015 - 04/01/2016		
Effective Date:	04/01/2015		
Handicapped:	No		

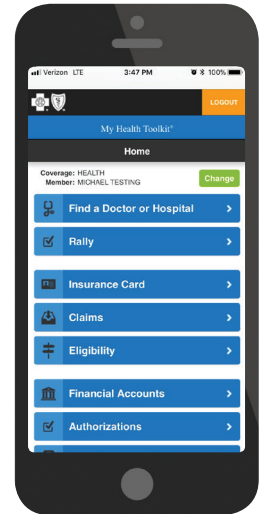
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For more help, select the **Ask Customer Services** button at the bottom of the page to contact our support team.

My Health Toolkit Mobile Website

My Health Toolkit's mobile website offers on-the-go members quick and easy access to our most popular features. To access the mobile site, visit www.MyHealthToolkitLA.com from your smartphone.

You can also use the mobile site to register for My Health Toolkit. Just select **Register Now** on the main page.



Blue Cross and Blue Shield of Louisiana is an independent licensee of the Blue Cross and Blue Shield Association and incorporated as Louisiana Health Service & Indemnity Company.

* Numbers and codes listed here are examples only. Please refer to your member ID card for your group-specific information.