

Professional therapy, made easier.

BetterHelp removes the traditional barriers to therapy to give everyone access to affordable and convenient mental health care — 100% online.

What is BetterHelp?

BetterHelp was founded in 2013 to remove the traditional barriers to therapy and make mental health care more accessible to everyone. Today, it is the world's largest online therapy service — providing professional, affordable, and personalized therapy in a convenient online format. BetterHelp's network of over 30,000 licensed therapists has helped millions of people take ownership of their mental health and work towards their personal goals.

Why BetterHelp?

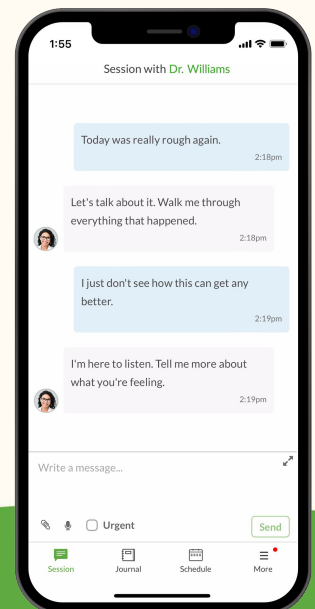
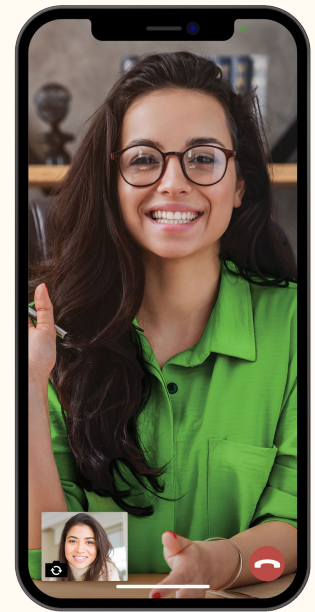
BetterHelp makes it easy for every member of your organization to match with a licensed therapist according to their needs and preferences – and access quality mental health care on a schedule that works for them.

How does BetterHelp work with organizations?

BetterHelp's Pay-Per-Session allows organizations to extend our comprehensive mental health support to all of their members while only paying for members that are actively using the service, and only for the sessions they have used.

Is it easy to implement?

Implementing BetterHelp is quick and easy, requires no integration, and typically takes between 5 to 7 business days.



Why members love us:

- Weekly live sessions with their therapist. (over video, phone, or chat)
- Asynchronous messaging with their therapist, with no cap or limitations on # of words or messages.
- Ability to change therapists at any time.
- Groupinars - Participation in weekly, topic-based group sessions.
- Full use of BetterHelp features, such as journaling, worksheets, and goal tracking.

Why organizations love us:

- Easy setup and implementation.
- Organization dashboard to manage membership.
- Aggregated usage and billing reporting.
- Designated customizable and co branded landing page.
- Marketing and engagement materials.
- Dedicated account management.

EMPATHIA

"BetterHelp's ability to provide timely virtual sessions and synchronous / asynchronous chat to our clients supplied a perfect complement to our existing EAP network/services."

-Tim Sumiec, Director,
Provider Services

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"Our employees love the platform and find it easy to use, there is flexible scheduling availability (especially nights and weekends), and they can seek out exactly what they are looking for in a provider."

-Nancy Sidnam, MS, RDN,
Director of Coach Experience

 **Rocky Mountain University**

"Our partnership with BetterHelp has proven to be a game-changer for students, faculty, and staff. I cannot recommend BetterHelp enough."

-Lori L. Sisk, Assistant Vice President
of Student Affairs

Who already works with BetterHelp? 🌟

To date, BetterHelp has served more than **3,800,000 consumers**, and covers **+280 million lives** across **1,000+ partnerships** with employers, associations, universities, health plans, EAPs, government agencies, and nonprofits.



To learn more about **BetterHelp** for your organization, visit our website www.betterhelp.com/business or reach out to business@betterhelp.com.

For more information on getting started, contact **Workforce Health Solutions** at **(833) 760 - 8326** or visit www.fmolhs.org/workforce-health-solutions.
WorkforceHealth@fmolhs.org.